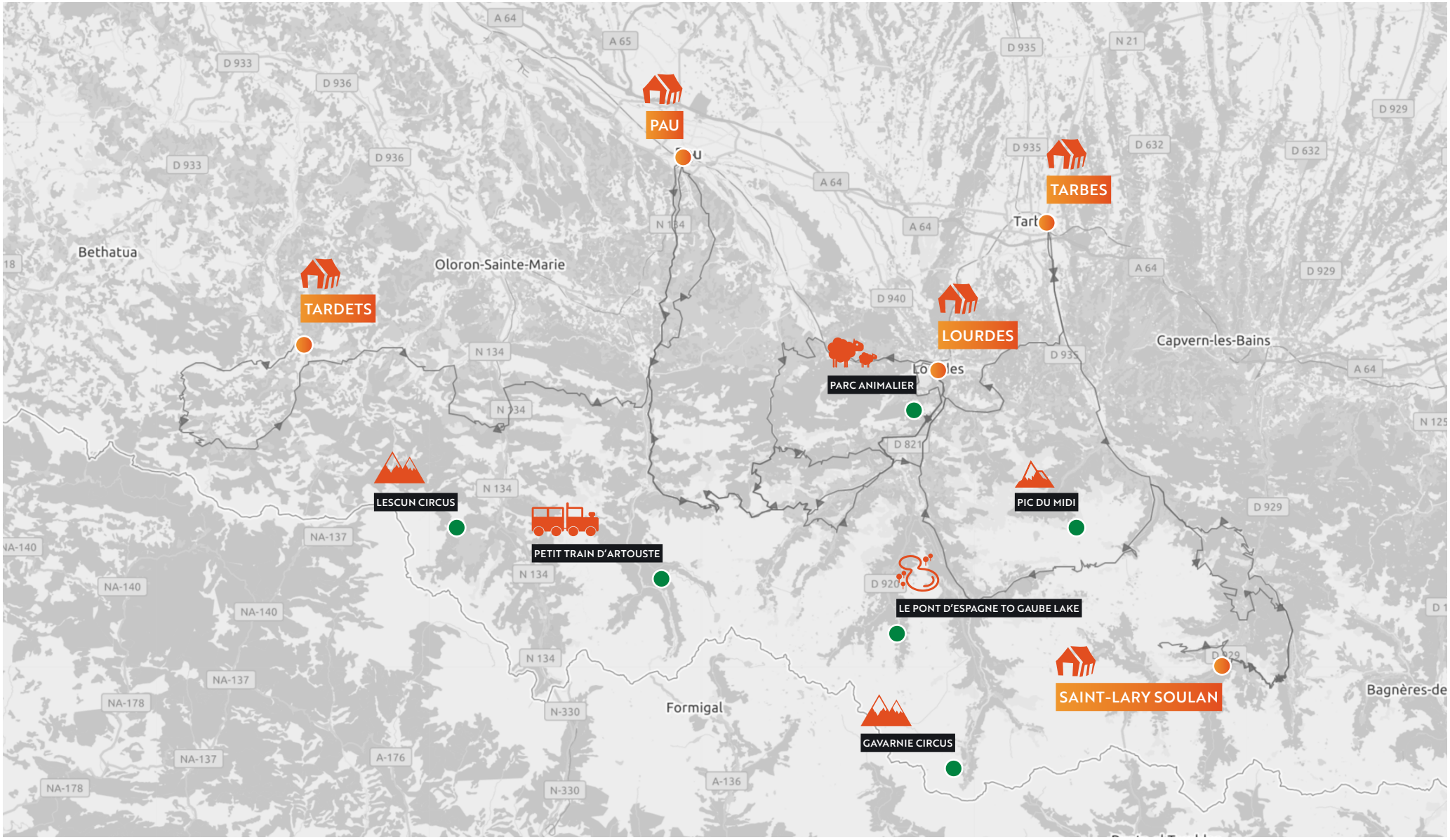
HAUTE ROUTE
PYRENEES
PAU BÉARN

Friends & Family

Plan your trip with your loved ones

The Best Of Pyrenees



PIC DU MIDI

Come and discover a magical, majestic place high up in the Pyrenees. Accessible to everyone by cable car, the Pic du Midi is one of the Grands Sites de Midi-Pyrénées and is a must-see place to visit if you are travelling in our beautiful region.
https://picdumidi.com/

THE 'PETIT TRAIN D'ARTOUSTE'

Embark for an unforgettable journey aboard the highest train in Europe on 10 km of narrow tracks to discover exceptional panoramas.
https://www.artouste.fr/

PARC ANIMALIER DES PYRÉNÉES

Discover 14 hectares of nature where more than 100 species and 600 animals evolve, including marmots, lynxes, brown bears, wolves, great vultures and the incredible biodiversity of our planet's rainforests.
https://www.parc-animalier-pyrenees.com/

GAVARNIE CIRCUS

The great Pyrenean limestone circles owe their existence to the work of huge glaciers that have long since disappeared. Gavarnie, in the Hautes-Pyrénées, is the most celebrated of them all.

LE PONT D'ESPAGNE TO GAUBE LAKE

The Pont d'Espagne is a piece of paradise: Just 7 km from Cauterets, find a vibrant escape and enchantment between the majestic waterfalls, Lake Gaube is unmissable, the highlight of the French Pyrenees Vignemale.
https://www.cauterets.com/

LESCUN CIRCUS

This practically closed circus is the flagship of the Aspe Valley, one of the three Bearn valleys. It shelters, at the gates of the Pyrenees National Park, the village of Lescun, 900m above sea level, an example of preserved mountain architecture.
https://www.pyrenees-bearnaises.com/

Sport Children Friendly Lookout Point

Our Host Venues Best Activities

A quick selection of what you can do during your stay in our host cities.

PAU & BÉARN *(GRAND DEPART & FINISH)*

Registration Day - 29th August
Start & Finish Stage 1 - 30th August
Start Stage 2 - 31st August
Finish Stage 7 - 5th September

THE NATIONAL MUSEUM OF THE CHÂTEAU DE PAU

Henri IV, king of France was born in this Castle. Daily guided tour (50') in French. There is a leaflet translated into English.
https://chateau-pau.fr/

THE FOOD MARKET "LES HALLES"

A new innovative concept with its architecture offers you a unique and friendly place to discover fresh and local food. Restaurants on the first floor close at 3pm. "Pass Gourmand" available at the Tourist Office to taste the specialties of more than 22 artisans.
http://www.hallesdepau.fr/

JURANÇON COOPERATIVE WINERY

The biggest tourist attraction in Bearn, the Cave de Gan - Jurançon winery offers visits free of charge all year round to taste one of the best French white wines.
www.cavedejurancon.com

AQUASPORT PARK

Here, you enter the realm of the champions of paddling and all whitewater sports. Kayaking, rafting, hydrospeed or stand-up paddle...
www.paupyrenees-stadeeauxvives.fr

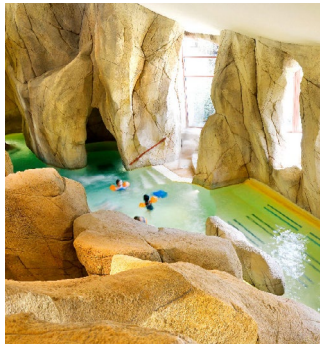
Sport Children Friendly Bar & Food Wine Tasting Culture

SAINT-LARY SOULAN

Finish Stage 3 - 1st September
Start & Finish Stage 4 - 2nd September
Start Stage 5 - 3rd September

DISCOVER A SMALL AND AUTHENTIC PYRENEAN VILLAGE

Visit the city center to find shops and restaurants which will serve you the best local specialities.
https://www.saintlary.com/



SENSORIA

Enjoy the solarium, swim in the canyon or refresh yourself under a waterfall. Sensoria is also a zen-like spa therapy centre where visitors enjoy high-quality individual care, body wraps, massages, and much more. Sensoria uses products from the Nuxe range.
https://mercuresensoria.fr/

HIKING: SAINT LARY-SOULAN

Located in the heart of a vast protected area, St-Lary is the starting point for many walks and mountain hikes. From the Tourist Office you can get free trail maps for the mountain trails and many coaches and guides offer daily themed outings for all levels of ability.
https://www.saintlary.com/

Sport · Children Friendly · Lookout Point · Healthcare · Swimming · Wine Tasting

LOURDES

Finish Stage 5 - 3rd September
Start & Finish Stage 6 - 4th September
Start Stage 7 - 5th September

NOTRE-DAME DE LOURDE

A unique place where pilgrims and visitors gather to meditate.
https://www.lourdes-france.org/

THE FUNICULAR RAILWAY OF THE PIC DU JER

A unique viewpoint that offers stunning views of the city and the Pyrenees. A funicular that is more than 100-years-old will take you to its summit, at an altitude of 1,000 m.
https://en.lourdes-infotourisme.com...

THE CASTLE OF LOURDES AND ITS PYRENEAN MUSEUM

Built on a rocky peak, Lourdes fortified castle dominates the Marian city. During your visit, the Pyrenean Museum invites you to discover the history and cultures of the French and Spanish Pyrenees.
https://en.lourdes-infotourisme.com...

LOURDES LAKE

Lourdes lake stretches over 50 hectares and offers a wide range of outdoor activities for all ages: golfing, hiking, mountain biking, fishing, paddle board, kayak.
https://en.lourdes-infotourisme.com...

THE FOOD MARKET 'LES HALLES'

The market place comes from the so-called "Marché de la Pierre" in Toulouse. We invite you to meet our local producers and enjoy fresh products and specialties.
https://en.lourdes-infotourisme.com...

Sport · Children Friendly · Bar & Food · Culture · Lookout Point

An access to Haute Route services

YOUR RELATIVES ARE PART OF YOUR LIFE, WE WANT THEM TO BE PART OF YOUR HAUTE ROUTE EXPERIENCE!

If they come to support you, our job is to support them as well:

Accommodation

Different packages are available on the Haute Route website.

Supporter Briefing

They get their own briefing from our race director on registration day and can attend the daily briefing followed by the aperitif.

On the course

They can follow you on the roads and meet you at feed stations or follow you online.

Lunches & moments of celebration

Different packages are available on the Haute Route website.

And remember that you can extend your journey and enjoy a few more days together to discover the local culture and specificities!

Be part of the journey

Join us in supporting your rider
throughout the Haute Route