



# HAUTE ROUTE NORWAY

## RULES & REGULATIONS HAUTE ROUTE NORWAY 2<sup>nd</sup> to 4<sup>th</sup> August 2019

### **Article 1: PREAMBLE**

The Haute Route Norway is a multi-day road cycling event, which will take place from the Friday 2<sup>nd</sup> to 4<sup>th</sup> of August 2019. The event will take place over 3 timed and ranked stages over 3 consecutive days.

The Haute Route Norway is organized by Haute Route SA, in partnership with the company Tour des Fjords AS.

The Rules and Regulations, which follow, shall govern the entire event and are in place to ensure a safe and fair environment for all participants. It is the participants' responsibility to be familiar with them and to ensure compliance.

Infinity Pass holders need to refer to Haute Route Infinity Pass General Sales Conditions for additional specific conditions. These can be found **HERE**:

<https://www.hauteroute.org/infinity>.

### **Article 2: DISCLAIMER**

Each participant recognises that participating in a multi-day road cycling event requires a minimum level of training and that he/she is medically fit to participate. By accepting the registration conditions, each participant takes full and complete responsibility in case of an accident that could occur during the outgoing or return trip to and from the cycloportive or during the cycloportive itself. Each participant also takes responsibility for the risks linked to such an event, including but not limited to, accidents with other participants, bad weather, road traffic conditions.

Cycloport, bike riding and bike racing is an inherently dangerous sport and self-evidently exposes each participant to a number of risks, in particular but not limited to personal injury or mechanical damage to bike equipment.

In signing up to the event, each participant acknowledges and accepts the above proposition, and further accepts the following propositions, namely that:

- Each participant shall be responsible for obtaining his or her own personal insurance cover.

- Each participant absolutely and completely absolves the Organisation of all responsibility with regards to the loss of, or damage to, any personal property regardless of the circumstances.

The Organisation, whilst having made every effort to (a) make the event as safe as possible for each and every participant, and (b) having addressed and or reduced and eliminated or having attempted to eliminate as many of the Risks as it is possible to have anticipated and foreseen, is nevertheless not able to control, or anticipate, or foresee all events, and this is accepted by all participants.

It may be necessary to cancel the event, or a stage or alter the route, for example in case of adverse weather conditions or force majeure.

### **Article 3: REQUIREMENTS OF PARTICIPATION**

The Haute Route is open to all cyclists, competitive and non-competitive (aged 18 or older in the year of the event) from any country.

In accordance with "[Reglement for Turritt Landevei](#)" §2 Lisenser – deltakelse", participation in the Haute Route is subject to the presentation of an all year "competition license" issued by a UCI sanctioned National Federation, carrying the attestation of a medical certificate confirming an appropriate level of fitness for cycling in a competition. Participants holding such a "competition license" from their National Federations will need to send a copy of their license to validate their registration (2019 license clearly showing the mention "cycling" or "cyclospor"). Riders who don't hold an all year license may ride under a day license issued by the Norwegian Cycling Federation and given by the organiser at the time of entry. All unlicensed participants will need to send the original copy of a medical certificate with the wording "fit for competitive road cycling in a mountainous environment" and dated after the 1st August 2018. A template can be downloaded **HERE**:

[http://www.hauteroute.org/downloads/OCS\\_-\\_HR\\_medical\\_certificate\\_ENG.pdf](http://www.hauteroute.org/downloads/OCS_-_HR_medical_certificate_ENG.pdf).

For an entry to be accepted participants must ensure that they have completed the following compulsory actions:

- Fully completed the online registration process;
- Provide the Organisation with valid emergency contact details;

Failure to complete these compulsory actions could result in a participant not being allowed to start the event.

Participants who are less than 18 at the time of the event (but who will be 18 later in the year) must provide signed consent to participate from their parents or legal guardians. A template can be downloaded **HERE**:

[HERE](http://www.hauteroute.org/downloads/HR_2019_-_Parental_consent_EN.pdf)[http://www.hauteroute.org/downloads/HR\\_2019\\_-\\_Parental\\_consent\\_EN.pdf](http://www.hauteroute.org/downloads/HR_2019_-_Parental_consent_EN.pdf)

#### **Article 4: REGISTRATION AND ENTRY FEES**

Registration for the event may only be done via the online registration platform at the following address: <https://www.hauteroute.org/events/how-to-enter-intro>

Entry fees for individual registration to the Haute Route Norway 2019 are:

- Phase 1: Early Bird – 6950 NOK
- Phase 2: Regular Entry Fee – 7950 NOK

The Entry Fee for 2019 includes many benefits for all riders:

- A Haute Route branded piece of cycling apparel
- Personalised bike plate and a set of bib numbers
- A seat-post light to maximise riders' safety
- A Haute Route branded backpack - Bag delivered to the finish line or event Village with personal items.
- A detailed Roadbook of the event and each of the 3 stages
- A safe course for each stage including:
  - Marshals positioned along the route.
  - Motorcycle escorts for the peloton.
  - Safety vehicles to escort the peloton.
  - A Broom wagon at the rear of the peloton.
- A professional medical team present at all times, during the race and at the finish
- Mechanical support both at the event Village and along the route
- Feed stations positioned along the course for each stage including:
  - Water.
  - Fresh food.
  - Energy products.
- A live timing system for each stage
- A meal at the end of the stage
- Massage service and recovery area at the finish of each stage\*
- A bike wash area and secure bike park at the finish of each stage
- Daily rankings (Solo, Duo and by age group and gender).
- Daily Awards Ceremony
- Daily rider briefing each evening for the following day's stage. (Attendance is mandatory)
- Closing ceremony after the final stage
- Videos produced during the event
- A souvenir for each rider at the finish
- Professional photographers throughout the week (payment after the event to receive your personalised photos)

(\*) Massages cannot be guaranteed for all riders, on every day – every other day would be a reasonable minimum expectation

What is not included in the entry fee:

- Dinners with the exception of the pre-event Dinner on Registration Day;
- Cost of transfers to and from the start venue; (Package sold separately)
- Accommodation and breakfast; (Package sold separately)
- Personal accident and property damage insurance; (Highly recommended)
- Entry Fee cancellation insurance; (Highly recommended - Package sold separately – see Article 5 below.)
- Personal Travel insurance; (Highly recommended)
- Anything that is not outlined in Article 4 above.

#### **Article 5: CANCELLATION & TRANSFER CONDITIONS**

The event has a strict no refund or transfer policy on entry fees and any packages purchased by participants should they be unable to take part in the Haute Route 2019. This includes the following terms and conditions:

- He/she will not be able to transfer the registration to an alternative person;
- He/she will not be able to transfer the registration to a future edition of the event;
- He/she will not be able to transfer the registration to another Haute Route event.

It is highly recommended that all participants take out Entry Fee Cancellation Insurance for their entry fee and any packages purchased.

Having cancellation insurance provides participants with the security of being able to claim back fees relating to their entry and optional packages should they not be able to participate in the event for valid medical, injury or other cancellation reasons.

#### **Article 6: BIB COLLECTION**

Bib Collection will take place at the Haute Route Norway event Village, located in Stavanger on the Thursday 1<sup>st</sup> August 2019 from 2.00pm to 6.30pm. Participants will receive their rider pack once they have completed the following actions:

- Provided a valid form of photo identification;
- Confirmed their emergency contact information;
- Equipment safety check.

It is mandatory for each participant to retrieve his/her bib in person, no third-party bib collection will be permitted.

The Organisation reserves the right to prevent a participant from starting the event should they fail to complete these actions or meet the conditions as per Article 3 above.

### **Article 7: EQUIPMENT**

All participants must have a road bike and a hard-shell helmet in order to participate in the Haute Route Norway 2019.

The following equipment is mandatory and must be presented at the Equipment Safety Check at Bib Collection:

- Hard-shell helmet
- Long sleeve jacket for cold weather
- Overshoes
- Leg warmers
- Full-finger gloves

The Organisation will enforce a strict "NO HELMET – NO RIDE" policy.

Failure to present this equipment could result in a participant not being allowed to start the event.

The following modifications or equipment is strictly forbidden:

- Any system that does not conform to the definition of "road bike".
- Triathlon handlebars and any other handlebar extension system;
- Bottles/cans made of non-deformable material (glass, aluminum...);
- Recumbent bikes, monocycles, tandems, electric bikes;

The Organisation reserves the right to perform random inspections on all bicycles and the failure to comply with these conditions could result in a participant not being allowed to start the event or a stage.

### **Article 8: CATEGORIES**

The Haute Route is a multi-day road cycling event with two separate rankings: individual (Solo) and by team of two (Duo).

Participants select their category when they register for the event and any participants who register in the Duo category but do not register a partner will automatically be transferred to the Solo category.

Participants will have the choice of 2 courses: a long distance (Original) and a shorter distance (Compact). Participants are free to select the route best suited to their ambitions and ability,

at the time of registration or during the course of the event, entirely according to their own judgment.

Riders will be ranked in the following categories:

- Solo Men Original
- Solo Women Original
- Solo Men Compact
- Solo Women Compact
- Duo Men Original
- Duo Women Original
- Duo Mixed Original
- Duo Men Compact
- Duo Women Compact
- Duo Mixed Compact

Solo Riders in both Original and Compact courses will be ranked in the following age categories (age determined by age on December 31<sup>st</sup> of current year):

- 18-29
- 30-39
- 40-49
- 50-59
- 60+

#### **Article 9: SAFETY DURING THE EVENT**

The route for the Haute Route Norway will not take place on closed roads, normal vehicle and pedestrian traffic must be expected.

The Organisation will provide safety and traffic support on the route in order to ensure that the event takes place in acceptable racing conditions, but participants must remain vigilant at all times.

Participants must adhere to the rules of the road, race officials, marshals and traffic police at all times including the following:

- Cycle on the right-hand side of the road, at all times;
- **DO NOT** cross the middle of the road at any time;
- Comply with all event road signage put in place by the Organisation;
- Respect traffic signal lights or signs if they are not secured by a race official, marshal and traffic policeman;
- Respect other road users who are not involved in the race.

The following rules have been put in place to ensure the safety of the participants and to allow for the effective management of the event:

- Participants must have their bib clearly visible on their back;
- Bike plates must be placed on the front of the handle bars and must be clearly visible at all times.
- Bibs and bike plates must not be modified, defaced, cut or reduced in size.
- It is strictly forbidden to wear earphones at any time during any stages of the event

Most of the stages of the event will start by means of a secured and non-timed convoy, riding at a regulated speed. Participants must respect the instructions given by the Organisation during this time and until such time as the official start of the stage is given.

When reaching the 'FINAL STOP TIMING' point, located outside of the Host City, the participants must continue to abide by the traffic laws for the remaining kilometres to the event Village.

Failure to abide by the event Safety Rules could result in a participant being awarded time penalties or disqualified from the event as laid out in Article 20 of these rules.

#### **Article 10: MEDICAL ASSISTANCE**

The medical service of the Haute Route Norway 2019 will consist of highly experienced doctors, medics, emergency response workers, and ambulances, the number of which will depend on the current rules specifications of the event at the time. For medical reasons, a participant can temporarily or permanently be withdrawn from the race. A medical emergency number will be put in place so that each participant can easily, in case of any major medical emergency, inform of their situation and do so 24/7 during the entire event.

#### **Article 11: ANTI-DOPING**

By registering for the Haute Route Norway 2019 all participants agree to respect the prohibition of doping and the provisions concerning anti-doping controls, as they result from laws and regulations in force. Anti-doping controls can be carried out at any time without prior notice by licensed authorities.

#### **Article 12: RACE TIMEKEEPING**

The timekeeping of the Haute Route will be carried out by an electronic timing system.

All participants will receive a transponder that must be mounted on their front right fork for the duration of the event. This transponder will be used to control timing at various points on the route and to provide daily and overall results for each participant.

For Stage 1, the start time for each rider will be the one given by the chip when crossing the first timing mat. From Stage 2 onwards a grouped start time will be given to the top riders of the peloton (25 first Men and 5 first Women on General Classification) based on the time of the first rider crossing the first timing mat.

Rankings will be based on the cumulative times between the beginning and finish of each of the timed sections.

Outside of the group start time for the first section, the time taken into account will be the one given precisely by the chip on your bike plate at the crossing each timing mat (start and end of each timed section and finish line).

A participant who has not completed the entire course will not be given a ranking at the finish.

For safety reasons, the organiser may decide not to time some portions of the course. These untimed sections must be entirely covered on your bike without external assistance (car, bus etc.) Riders who fail to respect these regulations are subject to time penalties and/or exclusion from the race detailed in Article 20.

### **Article 13: TIME LIMITS**

Riders must complete every stage inside the stated Cut-Off time in order to obtain an Official Finisher Ranking.

Cut-Off times are dependent on several factors: distance and difficulty of each stage, weather, road conditions and total altitude gain and/or loss, and importantly is produced in partnership with the regional permitting agencies and law enforcement. Intermediary and stage Cut-Off times for each stage will be communicated in advance in the Riders' Roadbook, and at the daily briefing the evening before each stage.

The following rules apply to Cut-Off Times:

- If a participant does not meet a Cut-Off time, they will be removed from the course and will be required to return to the event Village in the broom wagon or by their own means.
- Missing the Cut-Off time on one day means the participant will no longer have an overall ranking for the event or for that stage. The participant will receive a Did Not Finish (DNF) on the official results for that stage. In such a case, the rider will be permitted to continue the event the next day but will not appear in the event General Classification. The participant will still receive a ranking for each subsequent stage completed and be eligible for other daily podiums.

The "End of Race" vehicle will have the authority to stop riders that have fallen outside of the 'Cut-Off time'.

Lanterne Rouge – The Lanterne Rouge is an important personality on all Haute Route events, and their role is critical in assisting, cajoling, encouraging and willing riders who are struggling



to find the right mix of courage, ability, technique and energy to get themselves to the stage end within the stage Cut-Off time limit. The Lanterne Rouge does NOT define the Cut-Off time for a stage.

#### **Article 14: PERSONAL ASSISTANCE**

The participants of the Haute Route Norway 2019 may not receive assistance outside of the feed station zones put in place by the Organisation. This includes all forms of support including receiving mechanical and food/water assistance. Private support vehicles may not intervene outside of feed station zones in any way.

All drivers of private support vehicles must attend a mandatory briefing on Thursday 1<sup>st</sup> August 2019 following the rider briefing.

Failure to abide by the rules relating to receiving personal assistance could result in a participant being awarded time penalties or disqualified from the event as laid out in Article 20 of these rules.

#### **Article 15: RANKINGS**

Only individuals and teams who complete all stages and who cross the finish line every day within the Cut-Off time will be eligible for the final General Classification of the Haute Route Norway 2019 (Solo or Duo).

All riders must cross the final finish line in the Arrival Village on every stage. In failing to do so riders will be excluded from the daily ranking and thus the General Classification for the event. (i.e crossing the final finish line is mandatory, even if timing has stopped before reaching the Arrival Village).

15.1 To appear in the Original Solo or Duo General Classification of the event, each participant will have to successfully complete each of the three Original courses of the event.

15.2 To appear in the Compact Solo or Duo General Classification of the event, each participant will have to successfully complete each of the three Compact courses of the event.

15.3 Participants that have mixed Original and Compact courses during the event will appear in the ranking of each of those stages but will not be ranked in the event General Classifications. The participant's name will then appear at the bottom of the Original and Compact General Classification stating 'MIX' and will not have a time associated with their result.

15.4 Each Duo team will be ranked in the overall Duo ranking. This will be established on the basis of the Duo team's cumulative time across all stages knowing that the time of the second rider across the line will be taken into account.

If a Duo rider gives up, his/her teammate will be moved to the Solo Stage Classification for the remaining stages, but will not be added to the Solo General Classification.

#### **Article 16: WITHDRAWAL**

Withdrawal during a stage: if a participant is unable to complete a stage for any reason, the participant can use the broom wagon to get to the event Village. In this case the participant will be permitted to take part in the next stages but will no longer be ranked in the General Classification, as there will be no attributable time. If a participant withdraws or is withdrawn from a stage for medical reasons, they may not start the next stage unless the event Medical Director provides authorisation for them to do so.

Withdrawal from the Haute Route: in case of complete withdrawal, the participant will be responsible for leaving the Haute Route and returning home, along with his/her equipment and luggage (including his/her bike bag/cover which will be at the finish location for 7-day events).

Failure to start a stage:

If a participant fails to start a stage for whatever reason they will be given a Did Not Start (DNS) for the given stage. Should they want to continue to ride in the event in the following stages, the participant will not be eligible for placement in the event General Classification. The participant must make his/her own arrangements to get to the start line of the next stage.

#### **Article 17: OFFICIAL PRIZE GIVING CEREMONIES**

An official prize giving ceremony will take place, at the end of each day, immediately followed by the compulsory Rider Briefing. Riders who fail to attend are subject to penalties detailed in Article 20.

The presence of the participants below is mandatory:

- The Male and Female winners of the Original and Compact stages
- The leader of the Male Original Solo and Compact Solo General Classification
- The leader of the Female Original Solo and Compact Solo General Classification
- The leading team of the Female Original Duo and Compact Duo General Classification
- The leading team of the Male Original Duo and Compact Duo General Classification
- The leading team of the Original Duo and Compact Duo Mix General Classification

During the official prize giving ceremony, a distinctive jersey will be given to each leader of the Solo categories (Men and Women). It will be mandatory for recipients of these leader jerseys to wear them during the following stage.

Winners of the Haute Route Norway will be given prizes but no cash will be awarded.

#### **Article 18: DAILY SAFETY BRIEFINGS**

The Technical Director will summarise the days stage and present a summary video of the stage at the Daily Safety Briefing. The following day's stage will then be presented to the participants, which will include essential information on the route, timing, road closures and other important safety information. Any last-minute changes to the stage will be communicated during this briefing.

It is mandatory that all participants attend the Safety Briefing

#### **Article 19: AMENDMENTS TO INDIVIDUAL STAGE ARRANGEMENTS**

For each stage of the Haute Route, the Organisation reserves the right to change at any time the course and/or the position of the feed stations and/or the Cut-Off times. In case of bad weather and to ensure the safety of participants, the Organisation reserves the right to postpone the time of departure, to stop the current stage or to cancel it.

#### **Article 20: SPORTING PENALTIES**

##### **20.1 Respecting the environment**

The event has a ZERO TOLERANCE TO LITTERING. Participants must keep their waste with them and only dispose of it in the waste bins provided by the Organisation at the feed stations or any other official waste bins they may see along the route.

The following penalties apply to the failure to abide by this rule:

- Disqualification from the stage;
- Disqualification from the General Classification;
- The rider will be allowed to continue the race but will not appear in the overall results;
- In case of a second infringement, the rider will be disqualified from the event

##### **20.2 Start line / Finish line**

All riders, without exception, will be required to cross the official start line and official finish line of each stage (this could be different from where the timing starts / finishes).

The following penalties apply to the failure to abide by this rule:

- Time penalty of 15 minutes added to the stage result.
- Time penalty of 15 minutes added to the General Classification;

##### **20.3 Outside Support**

The riders may use the products offered by the Organisation or may use their own support team to provide them with specific products within the feed station zone.

It is totally forbidden for riders to receive food, drink or mechanical assistance during stages,

outside of the dedicated feed station zones or Organisation support vehicles, managed by the organisers.

The following penalties apply to the failure to abide by this rule:

- Time penalty of 30 minutes added to the stage result;
- Time penalty of 30 minutes added to the General Classification;
- In case of second infringement, the rider will be disqualified from the event.

Riders whose support vehicles fail to respect safety rules or instructions provided by the race management staff are subject to time penalties and/or exclusion from the race depending on the infringement.

#### **20.4 Earphones**

Time penalty of 15 minutes added to the stage result for any participant found using earphones.

#### **Article 21: INSURANCE**

What follows below is subject to the general disclaimer set out above in Article 1.

**Civil Liability:** In conformance with all relevant current legislation of the dominant and governing jurisdiction [please see Article 1], the organiser has taken out insurance that protects against the financial consequences of actions against the organiser, its staff and the participants in the race. With respect to the personal liability coverage of the participants, it is limited to the accidents they could cause during the race from the start line to the finish line of the timed sections. This insurance will take effect either as a complement to other insurance the participants might have or if participants do not have any insurance.

**Personal Accidents:** We highly recommend that all participants of the Haute Route 2018, with or without a license from a sports federation, take out an insurance guaranteeing the payment of a lump sum in case of injury (death or permanent invalidity) due to an accident that may occur during the Haute Route. The compensation, depending on the damages suffered, will be paid only if the participant who suffers the accident during the race is insured. It is an optional insurance but highly recommended. You can use it in addition to the similar type of insurance obtained via a sports' license (FFC for example).

**Damage to personal possessions:** the Organisation declines all responsibility for loss or damage to any of a participant's personal belongings. The organiser's insurance contract does not cover loss or damages suffered by participants due to loss of or damage to personal possessions including the bicycle and related equipment. To protect against costs and damages related to theft or damage to a bike or related equipment, all participants are responsible for obtaining their own insurance.

**The Organisation cannot be held responsible for any possible accidents whether the rider is the cause or victim. Such accidents and the consequences of them must be covered by the insurance policy of the rider. The Organisation will accept no responsibility for debts, costs that the rider incurs, the repair and damage costs to the bikes, or the loss of any other material owned by the rider. The participant absolves the Organisation of all responsibility regarding the loss or damage to any personal property regardless of the circumstances.**

**Article 22: IMAGE RIGHTS**

By participating in the Haute Route Norway 2019, each participant expressly allows the Organisation (or subsequent organisers) to use, reproduce or have reproduced his name, image, voice and sports performance through the race for any direct use or as a derivative of the race and this, in any material, in the world, by any means known or unknown to date, and for the duration of protection currently granted for such use direct or derived by the law or regulations, judicial decisions and/or arbitration of any country and by current or future international agreements, including any extensions that may be made at this time.

**Article 23: PRIVACY POLICY**

By entering the Haute Route you are giving us consent to send you updates on the Haute Route Norway 2019 and any particular Haute Route event. We will not use your information for any other purpose. You can read more in our Privacy Policy **HERE**:

<https://www.hauteroute.org/policies/privacy>.

**Article 24: ACCEPTANCE OF THE REGULATIONS**

By entering the Haute Route Norway 2019, each participant acknowledges having read and accepted these regulations explicitly and without reservation. In case of any disagreement in the interpretation of these regulations, the English version shall prevail.