



RULES & REGULATIONS
HAUTE ROUTE CRANS-MONTANA
11th to 13th Month 2020

Article 1: PREAMBLE

The Haute Route Crans-Montana is a multi-day road cycling event, which will take place from the Friday 11th June to the Sunday 13th June 2021. The event will take place over 3 timed and ranked stages over 3 consecutive days.

The Haute Route Crans-Montana is organised by Haute Route SA, Chemin des Crételles 28, 3975 Randogne, Switzerland.

The Rules and Regulations, which follow, shall govern the entire event and are in place to ensure a safe and fair environment for all participants. It is the participants' responsibility to be familiar with them and to ensure compliance.

Haute Route participants (Infinity Pass holders included) need to refer to Haute Route General Sales Conditions for additional specific conditions. These can be found:

<https://www.hauteroute.org/policies/view/general-sales-conditions>

Article 2: DISCLAIMER

Each participant recognises that participating in a multi-day road cycling event requires a minimum level of training and that he/she is medically fit to participate. By accepting the registration conditions, each participant takes full and complete responsibility in case of an accident that could occur during the outgoing or return trip to and from the cyclo sportive or during the cyclo sportive itself. Each participant also takes responsibility for the risks linked to such an event, including but not limited to, accidents with other participants, bad weather, road traffic conditions.

Cyclo sport, bike riding and bike racing is an inherently dangerous sport and self-evidently exposes each participant to a number of risks, in particular but not limited to personal injury or mechanical damage to bike equipment.

In signing up to the event, each participant acknowledges and accepts the above proposition, and further accepts the following propositions, namely that:

- Each participant shall be responsible for obtaining his or her own personal insurance cover.

- Each participant absolutely and completely absolves the Organisation of all responsibility with regards to the loss of, or damage to, any personal property regardless of the circumstances.

The Organisation, whilst having made every effort to (a) make the event as safe as possible for each and every participant, and (b) having addressed and or reduced and eliminated or having attempted to eliminate as many of the Risks as it is possible to have anticipated and foreseen, is nevertheless not able to control, or anticipate, or foresee all events, and this is accepted by all participants.

It may be necessary to cancel the event, or a stage or alter the route, for example in case of adverse weather conditions or force majeure.

Article 3: REQUIREMENTS OF PARTICIPATION

The Haute Route is open to all cyclists, competitive and non-competitive (aged 18 or older in the year of the event) from any country.

In accordance with the article L.231-3 of the French Code of Sport from the 5th April 2006 (specific law for protecting sportsmen and women's health and anti-doping controls), participation in the Haute Route is subject to the presentation of a sporting licence. A French licence (FFC, FFTri, FSGT, FSCF et UFOLEP) or International licence recognised by UCI carrying the attestation of a medical certificate confirming an appropriate level of fitness for cycling in competition. The cyclists holding such a "competition licence" will need to send a copy of their licence to validate their registration (2020 licence clearly showing the mention "cycling" or "cyclo sport" and attestation of a medical certificate). All the other participants (licenced but with no presentation of a medical certificate, licence not recognised by UCI or unlicensed) will need to send the original copy of a medical certificate with the wording "fit for competitive road cycling in a mountainous environment" and dated less than 1 year before the first day of the event.

For an entry to be accepted participants must ensure that they have completed the following compulsory actions:

- Fully completed the online registration process;
- Provide the Organisation with valid emergency contact details;

Failure to complete these compulsory actions could result in a participant not being allowed to start the event.

Participants who are less than 18 at the time of the event (but who will be 18 later in the year) must provide signed consent to participate from their parents or legal guardians. A template is available on the Haute Route website.

Article 4: REGISTRATION AND ENTRY FEES

Registration for the event may only be done via the online registration platform at the following address: <https://www.hauteroute.org/events/overview/crans-montana-2021-en>

Entry fees for individual registration to the Haute Route Crans-Montana are:

- Phase 1 (reserved for alumni): from Wednesday 5th to Wednesday 12th August 2020
= 699€ / 819\$
- Phase 2: from Thursday 13th August to Wednesday 11th November 2020
= 729€ / 849\$
- Phase 3: from Thursday 12th November 2020 to Wednesday 6th January 2021
= 775€ / 910\$
- Phase 4: from Thursday 7th January 2021 to the event
= 799€ / 939\$

The Entry Fee includes many benefits for all riders:

- A Haute Route branded piece of cycling apparel
- Personalised bike plate and a set of bib numbers
- A Haute Route branded backpack
- A detailed Roadbook of the event and each of the 3 stages
- A safe course for each stage including:
 - Marshals positioned along the route.
 - Motorcycle escorts for the peloton.
 - Safety vehicles to escort the peloton.
 - A Broom wagon at the rear of the peloton.
- A professional medical team present at all times, during the race and at the finish
- A mechanical support both at the event Village and along the route
- Feed stations (liquids, fresh food and energy products) positioned along the course for each stage
- A live timing system for each stage
- A meal at the end of the stage
- Massage service and recovery area at the finish of each stage*
- A bike wash area and secure bike park at the finish of each stage
- Daily rankings (Solo, Duo and by age group and gender).
- Daily Awards Ceremony
- Daily rider briefing each evening for the following day's stage. (Attendance is mandatory)
- Closing ceremony after the final stage
- Videos produced during the event
- A souvenir for each rider at the finish
- Professional photographers throughout the week (payment after the event to receive your personalised photos)

(*) Massages cannot be guaranteed for all riders, on every day – every other day would be a reasonable minimum expectation

What is not included in the entry fee:

- Dinners with the exception of the pre-event Dinner on Registration Day;
- Cost of transfers to and from the start venue; (Package sold separately)
- Accommodation and breakfast; (Package sold separately)
- Personal accident and property damage insurance; (Highly recommended)
- Entry Fee cancellation insurance; (Highly recommended - Package sold separately – see General Sales Conditions)
- Personal Travel insurance; (Highly recommended)
- Anything that is not outlined in Article 4 above.

Article 5: BIB COLLECTION

Bib Collection will take place at the Haute Route Crans-Montana event Village, located in Crans-Montana on Thursday 10th June. Participants will receive their rider pack once they have completed the following actions:

- Provided a valid form of photo identification;
- Confirmed their emergency contact information;
- Equipment safety check.

It is mandatory for each participant to retrieve his/her bib in person, no third-party bib collection will be permitted.

The Organisation reserves the right to prevent a participant from starting the event should they fail to complete these actions or meet the conditions as per Article 3 above.

Article 6: EQUIPMENT

All participants must have a road bike and a hard-shell helmet in order to participate in the Haute Route Crans-Montana.

The following equipment is mandatory:

- Hard-shell helmet
- Long sleeve jacket for cold weather
- Overshoes
- Leg warmers
- Full-finger gloves
- Seat-post red light

The Organisation will enforce a strict “NO HELMET – NO RIDE” policy.

Failure to present this equipment could result in a participant not being allowed to start the event.

The following modifications or equipment is strictly forbidden:

- Any system that does not conform to the definition of "road bike".
- Triathlon handlebars and any other handlebar extension system;
- Bottles/cans made of non-deformable material (glass, aluminum...);
- Recumbent bikes, monocycles, tandems, electric bikes;
- Wheels having less than 12 spokes.

The Organisation reserves the right to perform random inspections on all bicycles and the failure to comply with these conditions could result in a participant not being allowed to start the event or a stage.

Article 7: CATEGORIES

The Haute Route is a multi-day road cycling event with two distinct classifications: individual (Solo) and team (Team).

All participants will appear in the Solo ranking, and can choose to join a team to appear in the Team ranking. To appear in this classification, a team must be composed of a minimum of 4 participants, and a maximum of 6 participants. Participants wishing to compete as a team, but failing to meet the sufficient number of members will only appear in the Solo category.

Riders will be ranked in the following categories:

- Solo Men
- Solo Women
- Men's Team (comprising only men)
- Women's Team (comprising only women)
- Mixed Team (comprising at least one woman and one man)

Solo Riders courses will be ranked in the following age categories (age determined by age on December 31st of current year):

- 18-29
- 30-39
- 40-49
- 50-59
- 60+

Article 8: SAFETY DURING THE EVENT

The route for the Haute Route Crans-Montana will not take place on closed roads, normal vehicle and pedestrian traffic must be expected.

The Organisation will provide safety and traffic support on the route in order to ensure that the event takes place in acceptable racing conditions, but participants must remain vigilant at all times.

Participants must adhere to the rules of the road, race officials, marshals and traffic police at all times including the following:

- Cycle on the right-hand side of the road, at all times;
- **DO NOT** cross the middle of the road at any time;
- Comply with all event road signage put in place by the Organisation;
- Respect traffic signal lights or signs if they are not secured by a race official, marshal and traffic policeman;
- Respect other road users who are not involved in the race.

The following rules have been put in place to ensure the safety of the participants and to allow for the effective management of the event:

- Participants must have their bib clearly visible on their back;
- Bike plates must be placed on the front of the handle bars and must be clearly visible at all times.
- Bibs and bike plates must not be modified, defaced, cut or reduced in size.
- It is strictly forbidden to wear earphones at any time during any stages of the event

Most of the stages of the event will start by means of a secured and non-timed convoy, riding at a regulated speed. Participants must respect the instructions given by the Organisation during this time and until such time as the official start of the stage is given.

When reaching the 'FINAL STOP TIMING' point, located outside of the Host City, the participants must continue to abide by the traffic laws for the remaining kilometres to the event Village.

Failure to abide by the event Safety Rules could result in a participant being awarded time penalties or disqualified from the event as laid out in Article 20 of these rules.

Article 9: MEDICAL ASSISTANCE

The medical service of the Haute Route Crans-Montana will consist of highly experienced doctors, medics, emergency response workers, and ambulances, the number of which will depend on the current rules specifications of the event at the time. For medical reasons, a participant can temporarily or permanently be withdrawn from the race. A medical emergency number will be put in place so that each participant can easily, in case of any major medical emergency, inform of their situation and do so 24/7 during the entire event.

Article 10: ANTI-DOPING

By registering for the Haute Route Crans-Montana all participants agree to respect the prohibition of doping and the provisions concerning anti-doping controls, as they result

from laws and regulations in force. Anti-doping controls can be carried out at any time without prior notice by licensed authorities.

Article 11: RACE TIMEKEEPING

The timekeeping of the Haute Route will be carried out by an electronic timing system.

All participants will receive a bike plate that includes a sensor for timekeeping. This bike plate, which must be installed in front of the handlebars, will be used to control the race at various points on the route and to provide race timing for each participant.

For Stage 1, the start time for each rider will be the one given by the chip when crossing the first timing mat. From Stage 2 onwards a grouped start time will be given to the top riders of the peloton (25 first Men, 5 first Women on General Classification Solo) based on the time of the first rider crossing the first timing mat.

Rankings will be based on the cumulative times between the beginning and finish of each of the timed sections.

Outside of the group start time for the first section, the time taken into account will be the one given precisely by the chip on your bike plate at the crossing each timing mat (start and end of each timed section and finish line).

A participant who has not completed the entire course will not be given a ranking at the finish.

For safety reasons, the organiser may decide not to time some portions of the course. These untimed sections must be entirely covered on your bike without external assistance (car, bus etc.) Riders who fail to respect these regulations are subject to time penalties and/or exclusion from the race detailed in Article 20.

Article 12: TIME LIMITS

Riders must complete every stage inside the stated Cut-Off time in order to obtain an Official Finisher Ranking.

Cut-Off times are dependent on several factors: distance and difficulty of each stage, weather, road conditions and total altitude gain and/or loss, and importantly is produced in partnership with the regional permitting agencies and law enforcement. Intermediary and stage Cut-Off times for each stage will be communicated in advance in the Riders' Roadbook, and at the daily briefing the evening before each stage.

The following rules apply to Cut-Off Times:

- If a participant does not meet a Cut-Off time, they will be removed from the course and will be required to return to the event Village in the broom wagon or by their own means.
- Missing the Cut-Off time on one day means the participant will no longer have an overall ranking for the event or for that stage. The participant will receive a Did Not Finish (DNF) on the official results for that stage. In such a case, the rider will be

permitted to continue the event the next day but will not appear in the event General Classification. The participant will still receive a ranking for each subsequent stage completed and be eligible for other daily podiums.

The "End of Race" vehicle will have the authority to stop riders that have fallen outside of the 'Cut-Off time'.

Lanterne Rouge – The Lanterne Rouge is an important personality on all Haute Route events, and their role is critical in assisting, cajoling, encouraging and willing riders who are struggling to find the right mix of courage, ability, technique and energy to get themselves to the stage end within the stage Cut-Off time limit. The Lanterne Rouge does NOT define the Cut-Off time for a stage.

Article 13: PERSONAL ASSISTANCE

The participants of the Haute Route Crans-Montana may not receive assistance outside of the feed station zones put in place by the Organisation. This includes all forms of support including receiving mechanical and food/water assistance. Private support vehicles may not intervene outside of feed station zones in any way.

All drivers of private support vehicles must attend a mandatory briefing on Thursday 10th June following the rider briefing.

Failure to abide by the rules relating to receiving personal assistance could result in a participant being awarded time penalties or disqualified from the event as laid out in Article 20 of these rules.

Article 14: RANKINGS

14.1 Solo rankings

Only the Solo participants who have completed all the stages and who have crossed the finish line each day before the time barrier, will appear in the final General Classification of the Haute Route Crans-Montana. All riders must cross the finish line at the Haute Route Village in each stage, especially where the "final timing line" is situated before this finish line.

14.2 Team rankings

Each Team will be classified in the General Team Classification. This ranking will be established by cumulating the times of the three best members of the Team during the different stages.

If riders of a Team retire, bringing the number of riders in the Team under three, the Team will then be removed from the General Team Classification. Team members still in competition will remain classified in the General Solo Ranking.

It is forbidden to assist your team mate by pushing them. The sanction in this case will result in the disqualification of the participating Team from the Team General Classification. However, riders from the Team will remain in the Solo competition. Riders concerned will receive a time penalty as described in Article 20 of the Rules & Regulations.

- **Mixed Team**

In the specific case of a Mixed team, the ranking will be established by cumulating the times of the three best team members through the different stages, with at least one woman and one man classified during each stage.

If riders from a Mixed Team retire and the team can no longer fulfill this condition, even if three riders are still present in the Mixed Team (3 men or 3 women), the latter will then be withdrawn from the General Team Classification.

Article 15: WITHDRAWAL

Withdrawal during a stage: if a participant is unable to complete a stage for any reason, the participant can use the broom wagon to get to the event Village. In this case the participant will be permitted to take part in the next stages but will no longer be ranked in the General Classification, as there will be no attributable time. If a participant withdraws or is withdrawn from a stage for medical reasons, they may not start the next stage unless the event Medical Director provides authorisation for them to do so.

Withdrawal from the Haute Route: in case of complete withdrawal, the participant will be responsible for leaving the Haute Route and returning home, along with his/her equipment and luggage (including his/her bike bag/cover which will be at the finish location for 7-day events).

Failure to start a stage:

If a participant fails to start a stage for whatever reason they will be given a Did Not Start (DNS) for the given stage. Should they want to continue to ride in the event in the following stages, the participant will not be eligible for placement in the event General Classification. The participant must make his/her own arrangements to get to the start line of the next stage.

Article 16: OFFICIAL PRIZE GIVING CEREMONIES

An official prize giving ceremony will take place, at the end of each day, immediately followed by the compulsory Rider Briefing. Riders who fail to attend are subject to penalties detailed in Article 20.

The presence of the participants below is mandatory:

- The Male and Female winners of the stage
- The leader of the Solo Male General Classification

- The leader of the Solo Female General Classification
- The Men, Women and Mixed Team winners of the stage
- The leading team of the Women Team General Classification
- The leading team of the Men Team General Classification
- The leading team of the Team Mixed General Classification

During the official prize giving ceremony, a distinctive jersey will be given to each leader of the Solo categories (Men and Women). It will be mandatory for recipients of these leader jerseys to wear them during the following stage.

Winners of the Haute Route Crans-Montana will be given prizes but no cash will be awarded.

Article 17: DAILY SAFETY BRIEFINGS

The Technical Director will present a summary video of the next stage at the Daily Safety Briefing. The following day's stage will then be presented to the participants, which will include essential information on the route, timing, road closures and other important safety information. Any last-minute changes to the stage will be communicated during this briefing.

It is mandatory that all participants attend the Safety Briefing.

Article 18: AMENDMENTS TO INDIVIDUAL STAGE ARRANGEMENTS

For each stage of the Haute Route, the Organisation reserves the right to change at any time the course and/or the position of the feed stations and/or the Cut-Off times. In case of bad weather and to ensure the safety of participants, the Organisation reserves the right to postpone the time of departure, to stop the current stage or to cancel it.

Article 19: PROTEST FORM

Participants can submit Protest Forms to the Organisation to:

- Notify breaches of the rules from another participant
- Notify about an action that may give them a deduction of time (Protest Forms for waiting for the mechanical support will never be accepted)
- Complain about the action of the Organisation

If necessary, the Protest can be joined with additional pieces of evidence (witnesses, GPS datas, photos, etc.).

The Protest Form must be submitted in writing at the Info Point not more than 1 hour after the finish of the Stage.

The Organisation Jury will deliberate and issue a decision on the Protest that can contain sanctions according to the Article 20. This decision will be communicated to the rider not later than before the Start of the next stage and/or at the end of the Event up until the final prizegiving ceremony.

Article 20: SPORTING PENALTIES

20.1 Respecting the environment

The event has a ZERO TOLERANCE TO LITTERING. Participants must keep their waste with them and only dispose of it in the waste bins provided by the Organisation at the feed stations or any other official waste bins they may see along the route.

The following penalties apply to the failure to abide by this rule:

- Disqualification from the stage;
- Disqualification from the General Classification;
- The rider will be allowed to continue the race but will not appear in the overall results;
- In case of a second infringement, the rider will be disqualified from the event

20.2 Start line / Finish line

All riders, without exception, will be required to cross the official start line and official finish line of each stage (this could be different from where the timing starts / finishes).

The following penalties apply to the failure to abide by this rule:

- Time penalty of 15 minutes added to the stage result.
- Time penalty of 15 minutes added to the General Classification;

20.3 Outside Support

The riders may use the products offered by the Organisation or may use their own support team to provide them with specific products within the feed station zone.

It is totally forbidden for riders to receive food, drink or mechanical assistance during stages, outside of the dedicated feed station zones or Organisation support vehicles, managed by the organisers.

The following penalties apply to the failure to abide by this rule:

- Time penalty of 30 minutes added to the stage result;
- Time penalty of 30 minutes added to the General Classification;
- In case of second infringement, the rider will be disqualified from the event.

Riders whose support vehicles fail to respect safety rules or instructions provided by the race management staff are subject to time penalties and/or exclusion from the race depending on the infringement.

20.4 Earphones

Time penalty of 15 minutes added to the stage result for any participant found using earphones.

20.5 Rider's attitude

All riders in the peloton should actively adhere to fair play. Any action a rider has in order to affect the performance of another rider will be sanctioned accordingly.

Depending on the seriousness of the action, the sanction can be:

- Time penalty added to the stage result and the General Classification;
- Disqualification from the event.

Article 21: INSURANCE

What follows below is subject to the general disclaimer set out above in Article 1.

Civil Liability: In conformance with all relevant current legislation of the dominant and governing jurisdiction [please see Article 1], the organiser has taken out insurance that protects against the financial consequences of actions against the organiser, its staff and the participants in the race. With respect to the personal liability coverage of the participants, it is limited to the accidents they could cause during the race from the start line to the finish line of the timed sections. This insurance will take effect either as a complement to other insurance the participants might have or if participants do not have any insurance.

Personal Accidents: We highly recommend that all participants of the Haute Route, with or without a license from a sports federation, take out an insurance guaranteeing the payment of a lump sum in case of injury (death or permanent invalidity) due to an accident that may occur during the Haute Route. The compensation, depending on the damages suffered, will be paid only if the participant who suffers the accident during the race is insured. It is an optional insurance but highly recommended. You can use it in addition to the similar type of insurance obtained via a sports' license (FFC for example).

Damage to personal possessions: the Organisation declines all responsibility for loss or damage to any of a participant's personal belongings. The organiser's insurance contract does not cover loss or damages suffered by participants due to loss of or damage to personal possessions including the bicycle and related equipment. To protect against costs and damages related to theft or damage to a bike or related equipment, all participants are responsible for obtaining their own insurance.

The Organisation cannot be held responsible for any possible accidents whether the rider is the cause or victim. Such accidents and the consequences of them must be covered by the insurance policy of the rider. The Organisation will accept no responsibility for debts, costs that the rider incurs, the repair and damage costs to the bikes, or the loss of any other material owned by the rider. The participant absolves the Organisation of all responsibility regarding the loss or damage to any personal property regardless of the circumstances.

Article 22: IMAGE RIGHTS

By participating in the Haute Route Crans-Montana, each participant expressly allows the Organisation (or subsequent organisers) to use, reproduce or have reproduced his name, image, voice and sports performance through the race for any direct use or as a derivative of the race and this, in any material, in the world, by any means known or unknown to date, and for the duration of protection currently granted for such use direct or derived by the law or regulations, judicial decisions and/or arbitration of any country and by current or future international agreements, including any extensions that may be made at this time.

Article 23: ACCEPTANCE OF THE REGULATIONS

By entering the Haute Route Crans-Montana, each participant acknowledges having read and accepted these regulations explicitly and without reservation. In case of any disagreement in the interpretation of these regulations, the English version shall prevail.