



**OFFICIAL RACE RULES & REGULATIONS
HAUTE ROUTE OMAN**

Article 1: PREAMBLE

The Haute Route Oman (Event) is a multi-day road cycling event, which will take place from 1st to 3rd March, 2019. The Event will take place in 3 timed and ranked stages over 3 consecutive days.

The Haute Route Oman is organized by
Oman Sail LLC (Organization)
PO Box 2394
PC 112,
Seeb, Oman

The Rules and Regulations, which follow, shall govern the entire Event and are in place to assure a safe and fair environment for all participants. It is participants' responsibility to be familiar with them and to ensure compliance.

Infinity Pass holders need to refer to Haute Route Infinity Pass General Sales Conditions (<https://www.hauteroute.org/infinity>) for additional specific conditions.

Article 2: DISCLAIMER

Each participant recognizes that participating in a multi-day road cycling event requires a minimum level of training and that he/she is medically fit to participate. By accepting the registration conditions, each participant takes full and complete responsibility in case of an accident that could occur during the outgoing or return trip to and from the Event or during the Event itself. Each participant also takes responsibility for the risks linked to such an event, including but not limited to, accidents with other participants, bad weather and road traffic conditions.

Cycloport, bike riding and bike racing is an inherently dangerous sport and exposes each participant to a number of risks, in particular but not limited to personal injury or mechanical damage to bike equipment.

In signing up to the event, each participant acknowledges and accepts the above terms and conditions of entry, and further accepts the following terms, namely that:

- Each participant shall be responsible for obtaining his or her own personal insurance cover.
- Each participant absolutely and completely absolves the Organization from all responsibility with regard to the loss or damage to any personal property regardless of the circumstances.

The Organization, whilst having made every effort to (a) make the event as safe as possible for each and every participant, and (b) having addressed and/or reduced and/or eliminated, or having attempted to eliminate as many of the risks as it is possible to have anticipated and or foreseen, is nevertheless not able to control, or anticipate, or foresee all events, and this is accepted by all participants.

- It may be necessary to cancel the event, or a stage or alter the route, for example in cases of adverse weather conditions or force majeure.

Article 3: REGISTRATION AND ENTRY FEES

Registration for the Event may only be done via the online registration platform at the following address: www.hauteroute.org

Entry fees for individual registration to the Haute Route Oman 2019 are:

- Phase 1: First entries between – USD 810 (15th May and 30th August 2018)
- Phase 2: Second level entry fee – USD 875 between (1st September and 31st October 2018)

The Entry Fee for the 2019 Event includes the following benefits for participants:

- 1 x Haute Route branded piece of cycling apparel.
- 1 x Personalized bike plate and a set of bib numbers.
- 1 x Seat-post light to maximise riders' safety.
- 1 x Backpack – Bag delivered to the finish line or race village with personal items.
- Detailed roadbook of the race and each of the 3 stages
- A safe course for each stage including:
 - Marshals positioned along the route;
 - Motorcycle escorts for the peloton;
 - Safety vehicles to escort the peloton;
 - Broom wagon at the rear of the peloton;
- Professional medical assistance during the race and at the finish line;
- Mechanical support at the race village and along the route;
- Refreshment stations positioned along the course for each stage including:
 - Water;
 - Fresh food;
 - Energy supplements;
- Live timing system for each stage;
- Lunch at the end of each stage;
- Recovery area and massage service* at the finish of each stage;
- A bike wash area and secure bike park at the finish of each stage;
- Daily stage, category and general classification rankings (Solo, Duo, Age Group and Gender);
- Daily Awards Ceremony ;
- Daily rider briefing each afternoon for the next day's stage; (Attendance is compulsory)
- Closing ceremony and party after the final stage;
- A souvenir for all riders completing the final stage;
- Videos produced during the event for sharing;
- Professional photographers positioned along the course for each stage;**

* Massages cannot be guaranteed for all riders, on every day – every other day would be a reasonable minimum expectation for this service.

** Personalized Photos can be purchased after the Event.

The following is not included in the Event entry fee:

- Dinners with the except of the Pre-Event Dinner on Bib Collection Day;
- Cost of transfers to and from the start venue; (Package sold separately)
- Accommodation and breakfasts; (Package sold separately)
- Personal accident and property damage insurance; (Highly recommended)
- Entry Fee cancellation insurance; (Highly recommended - Package sold separately – see Article 5 below.)
- Personal Travel insurance; (Highly recommended)
- Anything that is not outlined in Article 3 above.

Article 4: REQUIREMENTS OF PARTICIPATION

The Haute Route Oman is open to all cyclists, competitive and non-competitive (aged 18 or older in the year of the event) from any country.

For an entry to be accepted participants must ensure that they have completed the following compulsory actions:

- Fully completed the online registration process;
- Provide the Organization with valid emergency contact details;

Failure to complete these compulsory actions could result in a participant not being allowed to start the Event.

Participants who are less than 18 at the time of the event (but who will be 18 later in the year) must provide signed consent to participate from their parents or legal guardians. You can download a template [HERE](#)

Article 5: CANCELLATION / TRANSFER POLICY & INSURANCE

The Event has a strict no refund or transfer policy on entry fees and any packages purchased by participants should they be unable to take part in the Haute Route 2019. This includes the following terms and conditions:

- He/she will not be able to transfer the registration to an alternative person;
- He/she will not be able to transfer the registration to the 2020 Event;
- He/she will not be able to transfer the registration to another Haute Route event.

It is highly recommended that all participants take out Entry Fee Cancellation Insurance for their entry fee and any packages purchased.

Having cancellation insurance provides participants with the security of being able to claim back fees relating to their entry and optional packages should they not be able to participate in the Event for valid medical, injury or other cancellation reasons.

Please note that this insurance is not a product of the Organization of the Haute Route Oman but that of the Haute Route Organization. Any and all claims must be submitted as prescribed in the terms and conditions of the CIRCLES insurance policy.

Article 6: CATEGORIES

The Haute Route is a multi-day road cycling event with two separate rankings categories:

- Solo (Individual);
- Duo (Team of two);

Participants select their category when they register for the Event and any participants who register in the Duo category but do not register a partner will automatically be transferred to the Solo category.

The ranking in each category will be as follows:

- Solo Men;
- Solo Women;
- Duo Men;
- Duo Women;
- Duo Mixed;

Solo Riders will be ranked in the following age categories (age determined by age on December 31st of current year):

- Under 23;
- 23-34;
- 35-44;
- 45-54;
- 55-64;
- 65 and up;

Article 7: BIB COLLECTION

Race Bib Collection will take place at the Haute Route Oman Race Village, located at the Golden Tulip, Nizwa on 28 February 2019 from 12H00 to 17H00. Participants will receive their Event pack once they have completed the following actions:

- Provided a valid form of photo identification;
- Confirmed their emergency contact information as being valid and correct;
- Signing of Event Indemnity Form;
- Equipment safety check.

It is mandatory for each participant to retrieve his/her bib him/herself and no third-party bib collection will be permitted.

The Organization reserves the right to prevent a participant from starting the Event should they fail to complete these actions or meet the conditions as per Article 4 above.

Article 8: EQUIPMENT

All participants must have a road-racing bike and a hard-shell helmet in order to participate in the Haute Route Oman 2019. Participants may not change bikes during the course of any given stage of the Event unless authorized by the Organization.

The following equipment is mandatory and must be presented at the Equipment Safety Check at Bib Collection on 28 February 2019:

- Hard-shell helmet
- Windproof jacket

The Organization will enforce a strict "NO HELMET – NO RIDE " policy.

Failure to present this equipment could result in a participant not being allowed to start the Event.

The following modifications or equipment is strictly forbidden:

- Any system that does not conform to the definition of "road-racing bike".
- Triathlete's handlebars and any other handlebar extension systems;
- Bottles/cans made of non-deformable material (glass, aluminum...);
- Recumbent bikes, monocycles, tandems, electric bikes.

The Organization reserves the right to perform random inspections on all bicycles and the failure to comply with these conditions could result in a participant not being allowed to start the Event or a stage.

Article 9: SAFETY RULES

The route for the Haute Route Oman will NOT take place on closed roads and normal vehicle and pedestrian traffic must be expected.

The organization will provide safety and traffic support on the route in order to ensure that the Event takes place as per acceptable racing conditions, but participants must remain vigilant at ALL times.

Participants must adhere to the rules of the road, race officials, marshals and traffic police at all times including the following:

- Cycle on the **RIGHT HAND SIDE OF THE ROAD**, at all times;
- **DO NOT** cross the middle of the road at any time;
- Comply with all Event road signage put in place by the Organization;
- Respect traffic signal lights or signs if they are not secured by a race official, marshal and traffic policeman;
- Respect other road users who are not involved in the race.

The following rules have been put in place to ensure the safety of the participants and to allow for the effective management of the Event:

- Participants must have their bib clearly visible on their back;
- Bike plates must be placed on the front of the handle bars and must be clearly visible at all times;
- Bib and bike plates may not be modified, defaced, cut or reduced in size.

- It is strictly forbidden to wear earphones at any times during any stages of the event

Most of the stages of the Event will start by means of a secured and non-timed convoy, travelling at a regulated speed. Participants must respect the instructions given by the Organization during this time and until such time as the official start of the stage is indicated.

When reaching the 'FINAL STOP TIMING' point, located outside of the Host City, the participants must continue to abide by the traffic laws for the remaining kilometers to the race village.

Failure to abide by the Event Safety Rules could result in a participant being awarded time penalties or disqualified from the event as laid out in Article 20 of these rules.

Article 10: MEDICAL ASSISTANCE

The 24 hour Haute Route Oman emergency contact number is **+968 7195 5500**

This number may only be contacted in the case of an emergency and may not be used for general Event related enquiries.

The medical service solution of the Haute Route Oman 2019 will be made up of highly experienced doctors, medics, emergency response personnel, with supporting vehicles and infrastructure.

All members of the medical services have the right to temporarily or permanently withdraw a participant from the race.

Article 11: ANTI-DOPING

By registering for the Haute Route Oman 2019 all participants agree to respect the prohibition of doping and the provisions concerning anti-doping controls, as they result from laws and regulations in force. Anti-doping controls can be carried out at any time without prior notice by licensed authorities.

Article 12: RACE TIME KEEPING

The time keeping of the Haute Route Oman will be carried out by an electronic timing system.

All participants will receive a transponder that must be mounted on their front right fork for the duration of the event. This transponder will be used to control timing at various points on the route and to provide daily and overall results for each participant.

A group start time will be given to the entire peloton based on the time of the first rider crossing the official start of timing.

Rankings will be based on the cumulative times between the beginning and finish of each of the timed sections.

Outside of the group start time for the first section, the time taken into account will be the one given precisely by the chip on your bike plate when crossing the timing point at the finish line.

A participant who has not completed the entire course will not be given a ranking at the finish.

For safety reasons, the organizer may decide to include non-time some sections of the course. These untimed sections must be entirely covered on your bike without external assistance (car, bus etc.) Riders who fail to respect these regulations are subject to time penalties and/or exclusion from the race detailed in Article 20.

Article 13: TIME LIMITS

Riders must complete every stage inside the stated cut-off time in order to obtain an Official Finisher Ranking.

Cut-off times are dependent on several factors: distance and difficulty of each stage, weather, road construction and total altitude gain and/or loss, and importantly is produced in partnership with the regional permitting agencies and law enforcement. Intermediary and stage cut-off times for each stage will be communicated in advance in the Riders' Roadbook, and at the daily briefing the evening before each stage.

The following rules apply to Time Limits:

- If a participant does not meet a cut-off time, they will be removed from the course and will be required to return to the race village in the broom wagon;

- Missing the cut-off time on one day means the participant will no longer have an overall ranking for the Event or for that stage. The participant may continue to ride further stages, where they will still receive a ranking for each stage completed and be eligible for other daily podiums;

- When a stage is not completed inside the cut-off time, the participant will receive a DNF (Did Not Finish) on the official results for that stage. In such a case, the rider will be allowed to continue the event the next day but will not appear in the Event General Classification.

The "End of Race" vehicle will have the authority to stop riders that have fall outside of the 'cut off time'.

Lanterne Rouge – The Lanterne Rouge is an important personality to all Haute Route events, and their role is critical in assisting, cajoling, encouraging and willing riders who are struggling to find the right mix of courage, ability, technique and energy to get themselves to the stage end within the stage cut-off time limit. The Lanterne Rouge does NOT define the limits of the cut-off time for a stage.

Article 14: RESULTS

All riders must cross the final finish line on every stage before the cut-off time in order to be included in the daily stage results and ranking, and the Event General Classification for the week.

Only individuals and teams who complete all stages within the cut-off time will be eligible for the final Event General Classification of the Haute Route Oman 2019.

Teams in the Duo categories will be ranked according to the time of the second team rider across the finish line for each stage.

If a rider in a Duo team withdraws from a stage or the Event, their teammate will be re-classified in to the Solo category for the remaining stages, but will not be added to the overall Event General Classification in the Solo category.

Article 15: WITHDRAWAL

Withdrawal during a stage

A participant can withdraw from a stage at any point if they feel they are unable to complete the stage and will be given a Did Not Finish (DNF) for that stage's result. Participants who have withdrawn from a stage will be permitted to take part in the next stages but will no longer be ranked in the Event General Classification.

Participants who withdraw during a stage will be transported back to the race village in the Broom Wagon.

Medical Withdrawal from a stage

If a participant withdraws or is withdrawn from a stage for medical reasons, they may not start the next stage unless the Event Medical Director provides authorization for them to do so.

Failure to start a stage:

If a participant fails to start a stage for whatever reason they will be given a Did Not Start (DNS) for that stage's result. Should they want to continue to ride in the Event in the following stages, the participant will not be eligible for placement in the Event General Classification.

Withdrawal from the Event:

Should a participant wish to withdraw from the Event they will be responsible for leaving the Event location and returning home, along with their equipment and luggage.

Article 16: PERSONAL ASSISTANCE

The participants of the Haute Route Oman 2019 **may not** receive assistance outside of the refreshment stations put in place by the organization. This includes all forms of support including receiving mechanical and food/water assistance. Private support vehicles may not intervene between refreshment stations in any way.

All drivers of private support vehicles must attend a mandatory briefing on 27th February 2019 at 15:00 to 16:00

Failure to abide by the rules relating to receiving personal assistance could result in a participant being awarded time penalties or disqualified from the event as laid out in Article 20 of these rules.

Article 17: OFFICIAL PRIZEGIVING CEREMONIES

An official prize giving ceremony will take place, at the end of each day, immediately followed by the compulsory Riders Briefing. Riders who fail to attend are subject to penalties as detailed in Article 20 of these rules.

The presence of the following participants is mandatory at the Official Prizegiving Ceremonies:

- | | |
|---|-------------|
| - Daily Stage Winners: | Men & Women |
| - The leader of the Overall Solo Ranking | Men |
| - The leader of the Overall Solo Ranking | Women |
| - The leading team of the Overall Duo Ranking | Men |
| - The leading team of the Overall Duo Ranking | Women |
| - The leading team of the Overall Duo Ranking | Mixed |

During the official prize giving ceremony, a distinctive jersey will be given to each leader of the Solo Categories (Men and Women). It will be mandatory for recipients of these leaders jerseys to wear them during the following stages until the participant is replaced in the rankings during the course of the Event.

Winners of The Haute Route Oman winners will be awarded prizes but no cash prizes will be given.

Article 18: DAILY SAFETY BRIEFINGS

The Race Direction will summarise the days Stage and present a summary video of the Stage at the Daily Safety Briefing. The following day's stage will then be presented to the participants, which will include essential information on the route, timing, road closures and other important safety information. Any changes to the stage will be communicated during this briefing.

The attendance of every participant to the Riders Briefings is mandatory.

Article 19: AMENDMENTS TO INDIVIDUAL STAGE ARRANGEMENTS

For each stage of the Haute Route, the Organization reserves the right to change the course and/or the position of the refreshments and/or the time limits.

In case of bad weather and to ensure the safety of participants, the Organization reserves the right to postpone the time of departure, to stop the current stage or to cancel it.

Article 20: SPORTING PENALTIES

The following penalties will be applied to the Haute Route Oman and the decision of the Organization in the application of these penalties is final.

RESPECTING THE ENVIRONMENT

The Event has a ZERO TOLLERANCE TO LITTERING. Participants must keep their waste with them and only dispose of it in the waste bins provided by the Organization at the feed stations or any other official waste bins they may see along the route.

The following penalties apply to the failure to abide by this rule:

- Disqualification from the stage;
- Disqualification from the General Classification;
- The rider will be allowed to continue the race but will not appear in the overall results;
- In case of a second recurrence, the rider will be disqualified from the Event

THERE IS A ZERO TOLERANCE POLICY ON THIS.

STARTLINE / FINISHLINE

All riders, without exception, will be required to cross the official start line and official finish line of each stage (this could be differ from where the timing starts/ finish).

The following penalties apply to the failure to a abide by this rule:

- Time penalty of 15 minutes added to the stage results.

OUTSIDE SUPPORT

It is totally forbidden for riders to receive food, drink or mechanical assistance during stages, outside of the dedicated feed stations or Organization support vehicles, managed by the Organisers.

The riders may use the products offered by the Organization or may use their own support team to provide them with specific products within the feed station area.

The following penalties apply to the failure to a abide by this rule:

- Time penalty of 30 minutes added to the stage results;
- Time penalty of 30 minutes added to the overall results;
- In case of second recurrence, the rider will be disqualified from the race.

Riders whose support vehicles fail to respect safety rules or instructions provided by the race management staff are subject to time penalties and/or exclusion from the race depending on the infringement.

EARPHONES

Time penalty of 15 minutes added to the stage results for any participant found using earphones.

Article 21: INSURANCE

What follows below is subject to the general disclaimer set out above in Article 1.

Civil Liability

In conformance with all relevant current legislation of the dominant and governing jurisdiction (please see Article 1), the organizer has taken out insurance that protects against the financial consequences of actions against the organizer, its staff and the participants in the race. With respect to the personal liability coverage of the participants, it is limited to the accidents they could be caused during the race from the start line to the finish line of the timed sections. This insurance will take effect either as a complement to other insurance the participants might have or if participants do not have any insurance.

Personal Accidents

We highly recommend that all participants of the Haute Route Oman 2019, with or without a license from a sports federation, take out an insurance

guaranteeing the payment of a lump sum in case of injury (death or permanent invalidity) due to an accident that may occur during the Haute Route. The compensation, depending on the damages suffered, will be paid only if the participant who suffers the accident during the race is insured. It is an optional insurance but highly recommended. You can use it in addition to the similar type of insurance obtained via a sports' license (FFC for example).

Damage to personal possessions

The Organization declines all responsibility for loss or damage to any of a participant's personal belongings. The Organizer's insurance contract does not cover loss or damages suffered by participants due to loss of or damage to personal possessions including the bicycle and related equipment. To protect against costs and damages related to theft or damage to a bike or related equipment, all participants are responsible for obtaining their own insurance.

The Organization cannot be held responsible for any possible accidents whether the rider is the cause or victim. Such accidents and the consequences of them must be covered by the insurance policy of the rider.

The Organization will accept no responsibility for debts, costs that the rider incurs, the repair and damage costs to the bikes, or the loss of any other material owned by the rider. The participant absolves the Organization of all responsibility regarding the loss or damage to any personal property regardless of the circumstances.

Article 22: IMAGE RIGHTS

By participating in the Haute Route Oman 2019, each participant expressly allows the Organization (or subsequent organizers) to use, reproduce or have reproduced his name, image, voice and sports performance through the race for any direct use or as a derivative of the race and this, in any material, in the world, by any means known or unknown to date, and for the duration of protection currently granted for such use direct or derived by the law or regulations, judicial decisions and/or arbitration of any country and by current or future international agreements, including any extensions that may be made at this time.

Article 23: COMMUNICATIONS FROM ORGANISER

The participant agrees to receive newsletters and other communications from the Organizer relating to other sports events the organizer manages.

Article 24: ACCEPTANCE OF THE REGULATIONS

By entering the Haute Route Oman 2019, each participant acknowledges having read and accepted these regulations explicitly and without reservation. In case of any disagreement in the interpretation of these regulations, the English version shall prevail.